



Center Elementary School

Course Syllabus

Elementary P.E.

Course Description & Overview	Textbook or Curriculum Source	Assessments for Course
Elementary physical education courses aim to develop students' physical fitness, motor skills, and knowledge of healthy habits. We will incorporate various activities like fundamental movement skills, sports, games, and fitness exercises, often tailored to different developmental levels. Students will also learn about teamwork, sportsmanship, and the importance of physical activity for overall well-being.	Quaver Education Fitnessgram Activitygram	Fitness Tests (Pre-Mid-Post) Each activity or game assessments.(knowledge, rules, skills and participation)

Course Content by Grading Period

1st Grading Period	Routine & Structure for each class, Performance Strategies,
2nd Grading Period	Health & physical activity
3rd Grading Period	Fitness
4th Grading Period	Social and emotional health

Grading Policy

Assessments and assignments must meet the rigor required by the TEKS. Each grade level core subject committee will determine the common assessments to be used.

Modifications/Accommodations on assessments and assignments are noted on the report card and assignment. Each core subject area will have the following minimum number of grades each nine weeks:

- ELA (Reading, Phonics, Writing, Grammar) 9
- Math 9
- Social Studies 7
- Science 7 The nine-weeks grade for Math, Science and Social Studies will be the average of the grades recorded. The nine-weeks average for ELA will be based on 50% Reading and 50% Writing.